



Independent Funeral Directors

Expert Memorial Masons

Bereavement Support Specialists

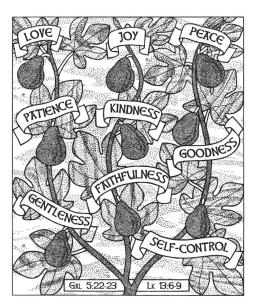
Hinckley • Newbold Verdon • Leicester 01455 637457 • office@gseller.co.uk • www.gseller.co.uk



'Parish News' The Parish magazine for Broughton Astley and Croft with Stoney Stanton



June 2025



40p

Supplied and printed by



The Genuine Independent Funeral Directors & Memorial Masons

Parish Contacts

Rector	Position vacant	
Assisting Clergy	Revd Vic Goodman	01455 285410
Readers	Lester Halling Peter Yates	01455 282189 01455 285978
Associate Ministers	Sheila Yates Martin Macklin Alison Macklin	01455 285978 07732 788190 07906 577305
Pastoral Assistant	John Bass	01455 640381
PCC Secretary	Paula Atkinson	
PCC Treasurer	Barbara Bedford	01455 202812

To arrange Baptisms, Weddings and Funerals contact			
Parish Administrator Paul Lawrence 07534 820197 bacsschurches@gmail.com			

Parish News Editor	Wendy Howe	07779 194730
		wjhowe.t21@btinternet.com

To subscribe to the Parish News please contact:			
Broughton Astley Tom Cockerill 01455 698949			
Croft	Hubert Lane	07787 910466	
Stoney Stanton	Wendy Howe	07779 194730	

For further information, see inside back cover or visit our website: http://www.stmaryandstmichaelschurches.co.uk

Or follow us on Facebook: @bacsschurches

Around the Churches

St Mary's, Broughton Astley			
Churchwardens	John Bass Colin Atkinson	01455 640381	
DCC Secretary	Moira Cooper	07951 134920	
DCC Treasurer	Steve Windram	01455 272922	
Tower Contact			
Tower Captain	Andy Kedie	01455 284777	
Teddy Bear Bunch (Weds 10:30 Term time)	Heather Beadle	01455 284689	

St Michael and All Angels, Croft			
Churchwardens	Claire Jordan Mike Wootton	01455 282495 01455 283699	
DCC Secretary	Claire Wootton	07423 041399	
DCC Treasurer	Lester Halling	01455 282189	
Tower Captain	Lester Halling	01455 282189	

St Michael's, Stoney Stanton		
Churchwardens	Paul Lawrence Rachel Smith	07376 031522 01455 642335
DCC Secretary	Helen Gray	07929 643829
DCC Treasurer	Margie Brimacombe	01455 282429
Ringing Master	Margie Brimacombe	01455 282429
Tower Contact	Fiona	sstantontower @hotmail.com

Facilitie

Each of our three churches has a disabled access toilet and baby changing facility.

Each Church also has a hearing loop system.

Services.....June

	Broughton Astley	Stoney Stanton	All Angel's Croft
Sunday 1 June Sunday after Ascension Day	10:00 am United Service at St Mary's Church, Broughton Astley		
Sunday 8 June Pentecost	9:45 am Morning Prayer	9:30 am Messy Church	11:15 am Holy Communion
Sunday 15 June Trinity Sunday	9:45 am Messy Church	9:30 am Holy Communion	11:15 am Holy Communion
Sunday 22 June Trinity 1	9:45 am Holy Communion	9:30 am Morning Prayer	11:15 am Holy Communion
Sunday 29 June Peter the Apostle	10:00 am United Service at St Michael's Church, Stoney Stanton		
Sunday 6 July	10:00 am United Service at St Michael and All Angels Church, Croft		

St Michael's

St Michael &

Weekday Services:

Trinity 3

Broughton Astley: Wednesday 9:30 am Either a service of Holy Communion or Morning Prayer

Stoney Stanton: Thursday 9:30 am A service of Morning Prayer.

St Marv's

Details of services correct at time of going to print. However, please check weekly news sheet and Church noticeboards or visit the BACSS Facebook page regularly to check for any changes and updates.

(You don't need a Facebook login to see these pages).

https://m.facebook.com/bacsschurches/posts/

Friends

This month we celebrate Pentecost – the day when the Holy Spirit was given to the disciples. It was a day that changed their lives and also the lives of many others who experienced God's power for the first time. On this day, the Bible tells us that 3000 people became f ollowers of Jesus and so, as they began to meet together, the church was born.

The coming of the Holy Spirit was an event promised by Jesus. Meeting with His disciples before His death Jesus talks to them about what will happen, that He has to go away but that He will send the Sprit who will constantly remind them of what He said and what He did. You will never be alone; you have no need to be afraid; I will be with you. And He says something else - I am leaving you with a gift, the gift of peace and it's not the kind of peace that the world gives.

So what does Jesus mean? What is this peace like? Well, it's far more than just a few minutes quiet. I don't know about you but after a busy day I don't want to talk to anyone, I just want to sit quietly and restore order in my head. There's nothing I enjoy more than a quiet walk in the countryside, listening to the birds and enjoying the beautiful world God has made.

But the peace Jesus gives is not an absence of noise. This is a deep peace, a sense of wellbeing; a certainty that all is well; an absence of fear and anxiety and a feeling of security, safety and prosperity.

In the Old Testament, in a passage we often read at Christmas, Jesus is described as The Prince of Peace, literally the Prince of Shalom - it's a word you may have heard before and it speaks of completeness and of health and welfare.

Jesus, through His death and resurrection restores everything to the way it should be. He restores our relationship with God the Father. He makes it possible to be forgiven and He deals with the guilt and the shame, those things that steal our peace, and He gives us a certainty that we can trust God with the future. This is a peace that we can

enjoy despite our circumstances – it's God's gift to us when we put our trust in Him.

Many of us lead stressful and busy lives – we live in a noisy frantic world and many of us just long to find peace and so we hear a lot about wellbeing, mindfulness, the need to look after our mental health, and that is important but can in itself become a pressure.

Into the midst of all this comes the voice of Jesus – my peace I leave with you, my peace I give you.

Do not be anxious about anything but in everything through prayer with thanksgiving make your requests known to God and the peace of God which passes all understanding will keep your hearts and minds in Christ Jesus.

Alison



Our next hymn

A visiting minister, seeing the list of hymns chosen for the Sunday service, sent a message to the organist to say that the last hymn (519) did not suit his sermon, and so he wanted it replaced by 213. The organist's message replied: 'In this church the organist chooses the hymns and I will play 519.' The minister shot back: 'At this service I announce the hymns and I shall still announce 213.'



1st Stoney Stanton Scout Group



Beaver Scouts
(Age 6 to 8 years)
Meet Wednesdays 6.30pm to 7.30pm

Cub Scouts (Age 8 to 10½ years) Meet Mondays 6.30pm to 8.00pm



SCOUTS

(Age 10½ to 14 years)
Meet Tuesdays 7.00pm to 8.30pm

Interested in playing a part in delivering lifetime skills for young people?

We have a whole host of options for adults, from actual team leadership
to flexible or occasional volunteering.

For more information on this or youth membership
please contact:Carl West (Group Lead Volunteer) on 07711 077606
gslstoneystanton@hotmail.com

For general enquiries contact Stuart Wilson (Group Trustee Board Secretary) on 07929 479970 Group Headquarters The Old Chapel, Broughton Road, Stoney Stanton

Stoney Stanton Village Hall

Newly refurbished throughout, large rooms for events of all types.

- holds up to 150 people
- main room 12m x 6.6m room + extra 5m with bifolds open
- smaller lounge room
- fully refurbished kitchen space
- modern projector system, free wifi
- perfect party/reception venue
- folding tables and chairs included
- great for kids parties as we allow indoor bouncy castles and slides
- from £14 per hour
- block bookings taken

contact clerk@stoneystantonpc.gov.uk

ONLINE BOOKING SYSTEM

https://venuehire.scribeaccounts.com/Stoney-Stanton-Village-Hall













David A Clarke (ELECTRICAL) Ltd

National Inspection Council for Electrical Installation Contracting

Electrical Installations and Maintenance

N1CEIC

APPROVED CONTRACTOR

Security Systems * HSE Approved Testing

HIGHFIELD FARM, HUNCOTE ROAD, STONEY STANTON, LEICESTERSHIRE LE9 4DJ

Tel: 01455 272214

Fax: 01455 273302



Baptism

Stoney Stanton Arthur Richard Lawson

Wedding

Broughton Astley Adam Compton and Anastasija Platonova

Funeral

Stoney Stanton Rodney Richardson



Prayer Chain

Prayer Chain

Prayer Chain

Have you ever felt you would like someone to pray for you? Or maybe there is someone you know who needs prayers.

Help is at hand. The Prayer Chain is a group of people who regularly pray for people who are on the prayer chain list.

All requests are treated in confidence. It is up to you how much you want to tell the prayer chain about the request. It can simply be the first name of the person.

I would ask you to check that the person you are requesting is OK about being on the prayer chain.

Each request is prayed for, from the date of the request, for 1 month. If you want prayers to continue after that month you need to make another request.

Please contact Jackie March with your request on bacsprayerchain@gmail.com .

You don't have to be a member of the Church to use the Prayer chain.

St Michael's Stoney Stanton 100 Club Draw

May

First Prize - £25.00 - No 20 - Stan Ford

Second Prize - £15.00 - No 12 - Ashlev Bennett

Third Prize - £10.00 - No 54 - Kuldeep Bola

> There are numbers available for this draw. Please contact Julie on 07738 764245



HOLIDAY



cottages

in quiet, rural S.W Scotland

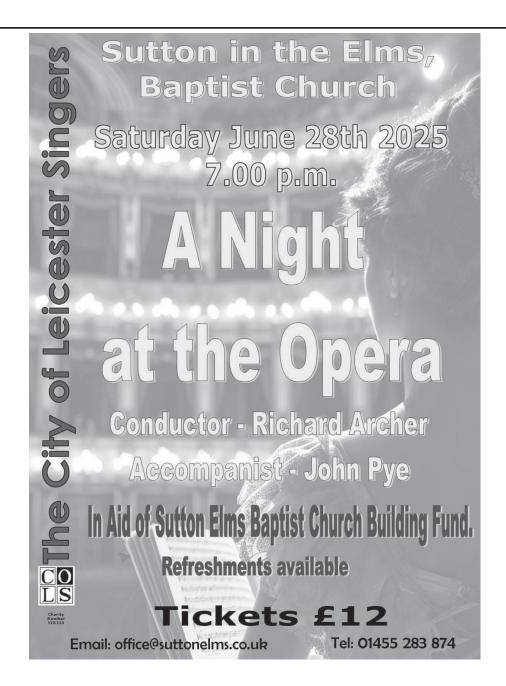
For a peaceful and quiet rural holiday in lovely unspoilt countryside, come to Kirkwood farm's self catering cottages.

Scottish Tourist Board graded: 2 Stars & 3 Stars

Many facilities locally but fishing is our speciality. (salmon, sea trout, trout, grayling & chub on R Annan)

For a brochure/more details phone Anthony Steel on: 01576 510200 www.Kirkwood-Lockerbie.co.uk





Andrew Davies who leads the BACSS choir, will be singing at this concert

Regular Midweek Services and Events

9:30 am - Every Wednesday - Either Morning Prayer or Holy Communion Service at Broughton Astley

9:30 am – Every Thursday – Morning Prayer at Stoney Stanton.

Third Monday each month, Bible Study House Group, in Broughton Astley, 2.30 – 4.00 ish pm. Please contact Paula Atkinson, 07581 574340.

Second Tuesday each month, Prayer Group meets at St Michael's Church, Stoney Stanton 7.30 pm for a time of quiet prayer. Please contact Carol Ford 07779 841555.

Every Wednesday during Term Time,

10:30 am – 12 noon Teddy Bear Bunch for pre-school children at St Mary's Church, Broughton Astley.

Home Communion

If anyone within the Parish wishes to receive Holy Communion at their home, please contact

John Bass 01455 640381 who will be able to help you, and arrange to visit you.

Are bananas really good for you?

On the one hand, bananas offer good things. They count as one of your five a day, carry only about 90 calories, and are packed with the essential mineral potassium (good in lowering blood pressure.) But they are not perfect...

So, here are some pros and cons of bananas:

Pro: High in potassium, good for heart health, lowers blood pressure, has Vitamin C, helps digestion, provides energy, full of fibre, cholesterol-free.

<u>Cons:</u> Can raise potassium levels too much (avoid them if you have kidney disease), can lead to wind and bloating, cause blood sugar spikes, weight gain, and disrupt sleep.

Overall, experts recommend eating no more than two bananas a day.

Canon Paul Hardingham considers a bedrock of our Christian belief: that God is Trinity.

The Nicene Creed: Who is God?

'We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen.'

2025 sees the 1700th anniversary of the Nicene Creed. We use it at Communion services, but how much notice do we take of the words? In this new series we are looking at what it means to believe in God as Trinity.

We believe: In Greek, the Creed begins 'we believe' (in Latin, 'I believe.'). It was formulated at the time of Arius, who declared that Jesus was the first and greatest of God's creatures, but not the same as God the Father. His teaching proved so damaging that the Emperor Constantine called an ecumenical council in Nicaea (AD 325) to clarify the core beliefs for all Christians.

in one God: We believe in a God who is both one and Trinity: 'Hear, O Israel: the Lord our God, the Lord is one' (Deuteronomy 6:4). He is the Old Testament God, who we know through the life and work of Jesus and the Holy Spirit. We are to worship Him alone and not people or things.

the Father, the Almighty: God is both the almighty Creator and loving Father: 'Our Father in heaven, hallowed be Your name' (Matt 6:9). Although the Father of all that exists, He is specifically Father to those who His children through their faith in Jesus.

maker of heaven and earth: God comes before anything that was created, and Creation is His alone: 'In the beginning God created the heavens and the earth. Now the earth was formless and empty' (Genesis 1:1,2). The implication is that He created 'ex nihilo' ie out of nothing. He is one God who is unchangeable, lacking in nothing and the source of all that exists.

of all that is, seen and unseen: God did not just create the physical universe, but also the spiritual powers: 'For in Him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things have been

Mini is named the best-ever British car

What is your favourite British car? Think of the Land Rover, Aston Martin, McLaren, Bentley and Rolls Royce. Then think of the Mini.

That is what a group of judges for the Auto Express did recently, and they chose the Mini.

Their verdict? "Put simply, we reckon no other British- built vehicle better represents the relevant, innovative and pioneering UK automotive industry quite like the world's original small car."

Phil McNamara, editor at large, Auto Express, adds: "there was only ever going to be one winner of our Top 50 Brit cars rundown. The Mini was crowned undisputed champion."

It was in the late 1950s that the British Motor Corporation (BMC) asked car designer Alec Issigonis to come up with a sub-three-metre compact car that could accommodate a family of four. The result was the Mini, soon beloved of the public, celebrities and even (in a modified version) racing drivers.

The modern version of a Mini Cooper is nearly 90cm longer than the original, and prices starts at about £25,000.

Nays and Ayes

The new pastor at a country church had some exciting ideas for the future. At the elders meeting he presented his vision with great energy and passion. The senior elder then called for a vote. All 12 elders voted "NAY"; only the pastor voted "AYE."

The pastor was crestfallen, but just at that moment the clouds darkened, thunder rolled, and a streak of lightning burst through the window and struck the table at which they were sitting, throwing the pastor and all the elders to the ground. As they all got up and dusted themselves off the senior elder said, "Well, that's 12 votes to two then."

Kitchener and that poster from the First World War

Some 175 years ago, on 24 June 1850, Herbert Kitchener, the 1st Earl Kitchener, was born. This Irish-born British Army officer and politician became Secretary of War during the First World War, when he appeared on an iconic poster asking people to join the army.

Kitchener already had a fearsome reputation, having been responsible for big colonial victories in Sudan and South Africa. He was very widely admired by the British people, though his cool personality and eagerness to push his men to the limit made him disliked by fellow officers. But he was also described as a godly man "who did noble deeds and obtained noble results".

He had been on leave in England in June 1914 when he reluctantly accepted an appointment to the Cabinet as Secretary of State for War and was promoted to Field Marshal. Most people expected a short war, but Kitchener did not; he went about enlisting a great number of volunteers – a campaign symbolised for most people by Alfred Leete's poster using Kitchener's own face with the slogan 'Your country needs you'.

He organised British armies on a scale never seen before, but he was not to see victory. His life ended suddenly when he was drowned after the cruiser HMS Hampshire, taking him on a mission to Russia, was sunk in 1916 by a German mine. His body was never recovered, and the wreck is now a war grave. His death has been likened to the deaths of President Kennedy and Princess Diana – everyone remembered where they were when they heard the news.

A memorial fund launched by the Lord Mayor of London raised £500,000 to help war casualties and continues today. A Kitchener memorial was built by the people of Orkney on the cliff edge at Marwick Head.

Tim Lenton

created through Him and for Him.' (Colossians 1:16). Reality is more than what we can see, smell, taste, touch or measure.

The Creed establishes the 'big picture' of who God is and challenges our commitment to Him. How do these opening words of the Nicene Creed speak to us today?

Restoration of Bangor's Bible Gardens

Bangor's historic Bible Gardens are undergoing a significant transformation as part of the city's 1500th anniversary celebrations, with preparatory work already underway.

Located next to Saint Deiniol's Cathedral, the Bible Garden is being reimagined in collaboration with Bangor City Council and the Cathedral.

Originally established in 1961 by Dr. Tatham Whitehead, then Professor of Botany at the University College of North Wales, the green space was designed to feature plants and trees mentioned in the Bible. Dr Whitehead's research identified 148 plants referenced in the scriptures, with the garden attempting to cultivate as many of these species as possible.

The restoration project is based on the original design and planting scheme from the archives. Substitutions of more climate-resilient species will be made where necessary.

St Mary's Subscription Draw

May

First Prize - £40.00 - No 71 - Mr R W Thomas

Second Prize - £20.00 - No 204 - Mrs J Clark

Third Prize - £10.00 - No 74 - Mr Michael Pawley

Some numbers still available – an excellent way to support the church and have some fun in these difficult times.

Contact Tom Cockerill on 01455 698949.

2025 EVENTS AT ST MICHAEL & ALL ANGELS CHURCH - CROFT

Friday 16th May Quiz Night and Supper

Thursday 24th July Craft and Cake - bring your own picnic

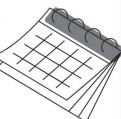
Saturday 13th September Meet the Brewer with Guided Beer Tasting

Saturday 4th October
Dinner Dance
(Wycliffe Rooms Lutterworth)

Saturday 15th November - Angel Festival

December events to follow

POP THE DATES
IN YOUR DIARY



Life in the Circus

A couple who worked at the circus wanted to adopt a child. Social workers had doubts about their suitability, but the couple produced photos of their large motorhome, which was equipped with a beautiful nursery. As for education, not only was there a nanny, but also a full-time tutor to teach the child all the usual subjects along with French, Mandarin and computer skills. Finally, the social workers were satisfied and had only one last question. "What age child are you hoping to adopt?"

"Oh, we don't mind at all," the couple assured them. "As long as he or she fits in the cannon."

New patio

My husband was attempting to build a patio for the first time. He bought 100 cement blocks. Laying them out in a pattern, he discovered the chosen area was too small.

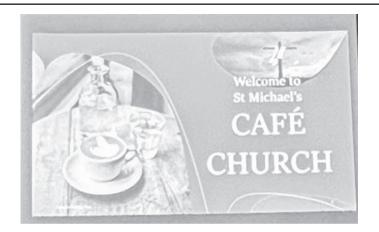
He stacked the blocks against the house and cleared more space. The next day he put the cement blocks back down, only to find that the ground was too hard to keep the patio level.

He ordered a truckload of sand to be delivered the following morning. Again, he stacked the 100 blocks against the house.

Observing all this, our next-door neighbour asked, "Are you going to put your patio away *every* night?"

Good quote

A certain bishop had a fondness for using Bible quotations whenever he visited a function. When he arrived to open a new Maternity Home the organisers thought: "Now we have him stumped." However, after a few well-chosen words, the bishop smiled and said: "I know you are waiting for a quotation, so here it is: 'We shall not all sleep, but we shall be changed!"



On Sunday 25 May, we had our first experience of Café Church at St Michael's, Stoney Stanton—and it was a great success! Lots of people came, aged two to we don't dare hazard a guess!

Our theme was "Peace". We all enjoyed a chat over a croissant and a coffee (other breakfast options were available!), a Bible reading, a talk and some time to discuss the things we had heard and to listen to some songs, reflect and pray. It was a new experience for most of us and a new way to think about how God touches our lives.

We hope to repeat it again soon!



Croft Quiz Night and Supper



Friday 16 May saw around 40 people in St Michael and All Angels Church Croft for an evening of quizzing!

A really good selection of questions to get the "little grey cells" working!



And as it was a Church event, refreshments were included! About half way through the evening, hot dogs were served, followed by home made cakes!

Thanks to Claire and Mike Wootton for organising the evening, and to Claire and Mick Jordon and their team for the refreshments!

A really enjoyable evening, where as usual we learnt quite a number of facts!!





Part of the winning team!

PS—Do you know what letter is used at the number ten position on the clock face of Big Ben on the Elizabeth Tower? Neither did we, very surprising! Thinking about prayer......

'A school of the Lord's service'

Who would you count as an 'Influencer' I wonder?

We hear a lot about 'influencers' today, usually people who have found a platform for themselves on social media, where they can express their views on this or that aspect of their lives, and seem to have made a profession of it.

However, there have been many true 'influencers' down the centuries, people who do not pass by fleetingly but can even leave a mark on the character of a nation.

In the sixth century in Italy, a son, Benedict, was born to a noble family in Nursia. Well educated he spent time in Rome and was so shocked by the decadence of its culture, he took himself away to seek God in the solitude of the mountainous scenery around Subiaco. Others were attracted to join him, and eventually he founded a monastery on Monte Casino, overlooking the road between Rome and Naples. Not a promising start to the life of an 'influencer' you may imagine?

But Benedict was a wise administrator and knew that without guidance his monastery would fail, and produced a Scripture-based rule of life for his monks. Gradually the order he founded grew and spread throughout Europe, taking with it the Rule, bringing discipline and uniformity to the new foundations.

England was one of the countries which would benefit from its wisdom and from the care and teaching supplied to the people of an area by the monasteries. Many of the great foundations of this country owe their origins to the Benedictine tradition, which guided their lives, and shaped the attitudes of the people they cared for. When Henry VIII dissolved the monasteries he destroyed a great tradition, one which provided an early 'welfare state' for the people of the country, bringing healing and education.

So what is so special about the Rule of Benedict?

Down

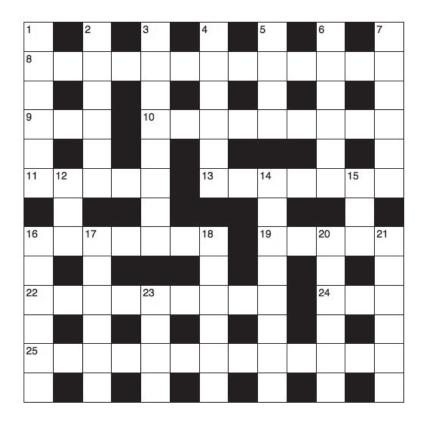
- 1 'Assyria's pride will be brought down and sceptre will pass away' (Zechariah 10:11) (6)
- 2 'And Jesus grew in wisdom and stature, and in with God and men' (Luke 2:52) (6)
- 3 The descendants of Esau (Genesis 36:9) (8)
- 4 The components of the crown that Jesus was made to wear before his crucifixion (John 19:2) (6)
- 5 Colour of cloth which was to cover holy objects in the tabernacle when moving camp (Numbers 4:6–12) (4)
- 6 One of the gold articles plundered from the Midianites offered to the Lord by the Israelite army 'to make atonement' (Numbers 31:50) (6)
- 7 'The fathers have eaten sour grapes, and the children's teeth are set — ' (Jeremiah 31:29) (2,4)
- 12 Ate (anag.) (3)
- 14 'We ourselves... groan inwardly as we wait eagerly for our as sons' (Romans 8:23) (8)
- 15 Abram's nephew (Genesis 14:12) (3)
- 16 Rupture (Job 30:14) (6)
- 17 'Yet to all who received him... he gave the right to children of God' (John 1:12) (6)
- 18 'I... asked him the true meaning of all . he told me and gave me the interpretation of these things' (Daniel 7:16) (4,2)
- 20 Military units (Exodus 14:20) (6)
- 21 'Joseph her husband was a righteous man and did not want to her to public disgrace' (Matthew 1:19) (6)
- 23 Diva (anag.) (4)

May Crossword Solutions

ACROSS: 1, Baby. 3, Stimulus. 8, Liar. 9, Forsaken. 11, Episcopacy. 14, Eagles. 15, Clergy. 17, Strengthen. 20, Holiness. 21, Obed. 22, Bethesda. 23, Stay.

DOWN: 1, Believer. 2, Beatings. 4, Troops. 5, Musicology. 6, Like. 7, Sent. 10, Acceptance. 12, Prohibit. 13, Dying day. 16, Sensed. 18, Ahab. 19, Blot.

Crossword - June



Across

- 8 Laban complained he had not been allowed to kiss them when Jacob fled with his family (Genesis 31:28) (13)
- 9 In favour of (3)
- 10 'The child's father and mother at what was said about him' (Luke 2:33) (9)
- 11 Swagger (Psalm 12:8) (5)
- 13 'Terrors him on every side and dog his every step' (Job 18:11) (7)
- 16 Bay bits (anag.) (7)
- 19 Preach, address an audience, speak in public (5)
- 22 Holy Communion (9)
- 24 'On their way to out the land, Joshua instructed them, "Go and make a survey of the land" (Joshua 18:8) (3)

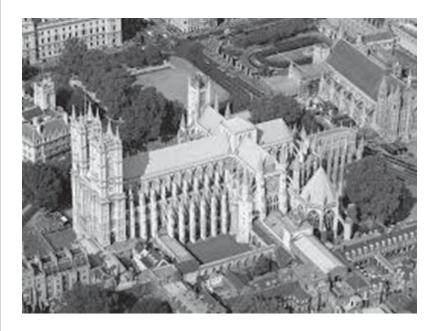
The Rule, as one commentator has put it, 'is restrained and quite matter-of-fact, but provides a depth of spiritual teaching balanced with a recognition of the needs of human nature'. All aspects of life are covered, all duties in the monastery accounted for, even down to the clothes with which they should be supplied...... 'Two tunics and two cowls, to allow for wear at night and for washing'. Even getting up for 'the work of God' (Opus Dei) 'they may quietly encourage one another, since the sleepy are given to making excuses'. Practical instructions for human living are set alongside the work of prayer, so that stability and moderation infuse the life of the monastery that the whole of life may be seen as the Work of God.

The spirit of this rule, has become embedded in the laws and the spirit of this land, going way back, beyond the Tudor land-grab and returning in later centuries as a gentler religious climate ensured that Benedictine foundations re-established themselves as part of the fabric of this country. Their influence is to be found in the very stones of the old foundations. Westminster Abbey is probably the best known of these but there were many offshoots of the tradition, to be found in the great Benedictine and Cistercian abbeys and others which have imbued our culture for centuries. And closer to home, the Abbey of Lyre in Normandy founded a Benedictine priory in Hinckley, and supported the church in the town, from its foundation under the Norman overlords.

Many ordinary people nowadays have found inspiration and common sense within the Rule of Benedict, a way of living which accords very well with the Christian life, as a way of living life in a daily consciousness of God's presence.

I love especially the instruction to the 'cellarer' that he must 'regard the chattels of the monastery and its whole property as though they were the sacred vessels of the altar' and squander nothing. Care is taken to ensure a careful balance between work, daily study and prayer. Meals are to be sufficient, drink not excessive. Those who do not have the strength for heavy work are to be given lighter tasks, guests and travellers to be treated with respect, the sick and elderly to be cared for.

It is a guide for a wise and civilised existence set in a Christianaaa context, and can become a guide to a wise and civilised existence set in the Church of today.



A Prayer of St.Benedict

O gracious and Holy God,

Give us wisdom to know you, Intelligence to understand you,

Diligence to seek you, Patience to wait for you,

Eyes to behold you, A heart to meditate upon you,

A life to proclaim you.

To the power of the Spirit of Jesus Christ, Amen

Church Commissioners for England gives wings to butterfly conservation efforts

The Church Commissioners for England has agreed a fresh lease with Butterfly Conservation at Magdalen Hill Down, a nature reserve on the edge of Winchester in the South Downs National Park.

For more than three decades, the Church Commissioners for England has supported Butterfly Conservation's efforts to boost butterfly species in this, England's newest national park.

Magdalen Hill Down is an important area of scenic open space on Church Commissioners land that is easily accessible on foot from Winchester's city centre.

Over 30 years, Butterfly Conservation's efforts have ensured the steep chalk hillside is home to healthy populations of over 30 butterfly species. It is now home to the largest population of Brown Argus butterflies in Hampshire, and the area's Adonis Blue butterflies are also thriving.

Jet lag is worse when you travel east

Do your holiday plans involve travelling from west to east this year? Then prepare yourself for some sleep disruption, while your body adjusts.

A recent study at the Centre of Sleep and Cognition at the NUS Yong Loo Lin School of Medicine in Singapore has found that travelling east can really impede your body's natural 'sleep timing'. This is because you are in effect 'losing time'.. and that runs in opposition to your body's natural circadian rhythm, or body clock.

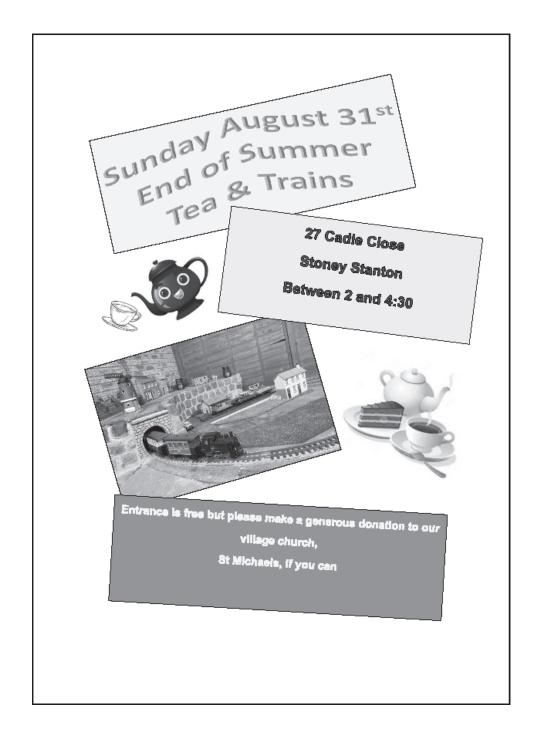
In plain speak, this means you may find it hard to fall asleep in conformity with your new local time zone. It can take more than a week to adjust, if you have travelled east across multiple time zones. Men and women are affected the same, though the old are slightly less affected than the young.

Clubs, activities & events in June

W.I. Meetings etc.....

Where at	Date and Time	Speaker	Competition
Broughton Astley Village Hall	Tuesday 10 June 7:30 pm	"Garden Design" Karen Gimson	
Stoney Stanton St Michael's Church	Wednesday 11 June 7:30 pm		
Ladies Fellowship Group St Mary's Church Broughton Astley		"Jewellery" Ann Pawley	





Enderby Windband

Under the baton of Tony Rifugiato, on Saturday 10 May, we were entertained by the Enderby Windband at St Mary's Church, Broughton Astley. A lovely mix of pieces, some we knew, some we didn't, but all very enjoyable, including Greensleeves, Nessun Dorma, and a selection from My Fair Lady.

Thanks to Moira and her team for some lovely refreshments at half time.

The second half started with the Apprentice Band (made up of new and returning players), under the direction of Aaron Vogel, a player in the main band. They played three pieces, including Waltz No 2 from the Jazz Suite by Shostakovitch, a favourite piece on Classic FM!

The main band returned playing pieces including, Nimrod, a selection from Les Miserables, and finishing with an arrangement of Lord of the Dance

Thank you once again to the Enderby Windband for such an entertaining and enjoyable evening. And to Tony for his introductions to the pieces.

We hope to see you again!



Coffee Mornings

St Mary's Church, Broughton Astley

Saturday 7 June 10 am— 12 noon

Community Market and Coffee Morning

St Michael's Church, Stoney Stanton

Saturday 21 June (Change of Date due to the Village Carnival)

Dress in your Ascot Outfit!

10 am - 12 noon

Coffee Morning

EFFFI (Elmesthorpe Friends Food and Flower Initiative)

Raising money for St Mary's Church and other local charities

Coffee Morning

Elmesthorpe Village Hall 10:00—11:30

Saturday 28 June

"Day at the Races" Dress in your finest

All Welcome

Stoney Stanton Methodist Chapel

Coffee Morning

Thursday 26 June

10:00 am—11:30 am

Come and Join Us



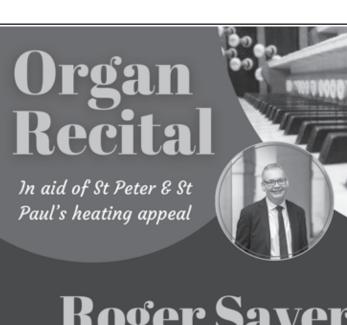
FIRST SATURDAY OF EVERY MONTH FROM 12:00 - 13:30

Join us at St Michael and All Angels Church, Croft for a two course lunch with tea/coffee

£5 per person payable in cash on the day



First come, first served ring a friend and enjoy our beautiful church and sociable atmosphere



Roger Sayer

International recitalist, film soundtrack soloist, and former Director of Music at Rochester Cathedral and Temple Church, London, plays music by Bach, Mendelssohn and Mozart



8 June, 5:00pm

Tickets £10 contact: 07851 573236, or purchase on the door

A little further away, in Syston, but a former church member, Rev'd Ros Harper invites anyone interested in Organ music, to come to this recital.



What's in a name

Elizabeth

June 2nd, is unbelievably the 72nd anniversary of the Coronation of one of the most remarkable people to sit on the throne of this country, not just because of her longevity, but also because of the sheer sense of duty, good sense, and devotion with which she served this nation. Her name, Elizabeth, in Hebrew, means, appropriately enough, 'the promise of God' or 'pledged to God' and possibly has more variations than any other name! It was a well-used name in my own family and I well remember my Grandma saying to me the old rhyme 'Elizabeth, Betsy, Bessie and Bess' when I was very young. Our family had, at that time four Elizabeths, all known by different diminutives. Nowadays, of course there are yet more short versions, a popular variation being Izzy, short for the European variation of Isobel, or Isabella. It is first found in the Bible as the wife of Aaron, Elisheva, but more famously perhaps, in the Gospel according to Luke, as the name

But whatever form it comes in, it continues in popularity throughout the world, 'mouthful' of a name though it might at first appear to be! And the bearers of such a name certainly have a lot to live up to!

of the mother of John the Baptist.



18